



YOGA and FLOWER BAR WORKSHOP



Ornithea House of Flowers and Hot Yoga Hut are partnering to bring you an afternoon of yoga flow and floral workshop Sunday August 11, 2019.

Cost is \$60.00

Time 3:00-6:00 pm

The afternoon includes the following:

- 60 minute *All level yoga* and meditation session led by Randi Perrett, of the HOT YOGA HUT.
- Meditative *Fresh Flower Bouquet*, instructional workshop featuring locally sourced blooms and healing herbs. Instructed by Patricia Johnson and Maggie Latimer of ORNITHEA House of Flowers.
- 1 glass of wine, additional wine will be available for purchase.
- Lite healthy bites featuring healing herbs and edible flowers.

Location will be in Bethlehem, Pa.

SING UP FOR THIS EVENT BY 7/20 AND RECEIVE 15% DISCOUNT

NO EXPERIENCE REQUIRED

WONDERFUL TO GIVE AS A GIFT TO FAMILY OR FRIENDS.

RSVP on our WEBSITE: ornitheaflorals.com



